L'ANTIDOTE

SOPHISTICATED REBELLION

SIZE GUIDE
RINGS

This guide will help you find the ideal size for your ring.

Every piece of jewellery is carefully conceived and designed with its own proportions. Our collections are created with an alternative aesthetic, which results in size differences between individual ring models.

Step 1: Determine your size

We recommend measuring the size of your finger, not the size of a ring. The tool used for measuring must fit perfectly for the size to be correct.

Finger size varies with the time of day and temperature. We recommend not measuring your fingers when they are too cold or damp, as this could lead to underestimating the size.

1. Wrap a ribbon around the base of your finger. For a comfortable fit, we also recommend measuring your finger around the knuckle.
2. Mark the point where the ribbon overlaps with a pen.
3. Measure the length in millimetres with a ruler. This is the circumference of your finger.
4. Choose the closest value from the table below to determine your ring size.

FINGER CIRCUMFERENCE IN MM	EUROPE	UNITED STATES	UNITED KINGDOM	JAPAN
45	45	3 1/4	G	5
46	46	3 3/4	H	6
47	47	4	H 1/2	7
48	48	4 1/2	I 1/2	8
49	49	4 3/4	J 3/4	9
50	50	5 1/4	K	10
51	51	5 3/4	L	11
52	52	6	L 1/2	12
53	53	6 1/4	M 1/2	13
54	54	6 3/4	N 1/2	14
55	55	7 1/4	O 1/4	15
56	56	7 1/2	P	16
57	57	8	P 1/2	17
58	58	8 1/4	Q 1/2	18
59	59	8 3/4	R	19
60	60	9	S	20

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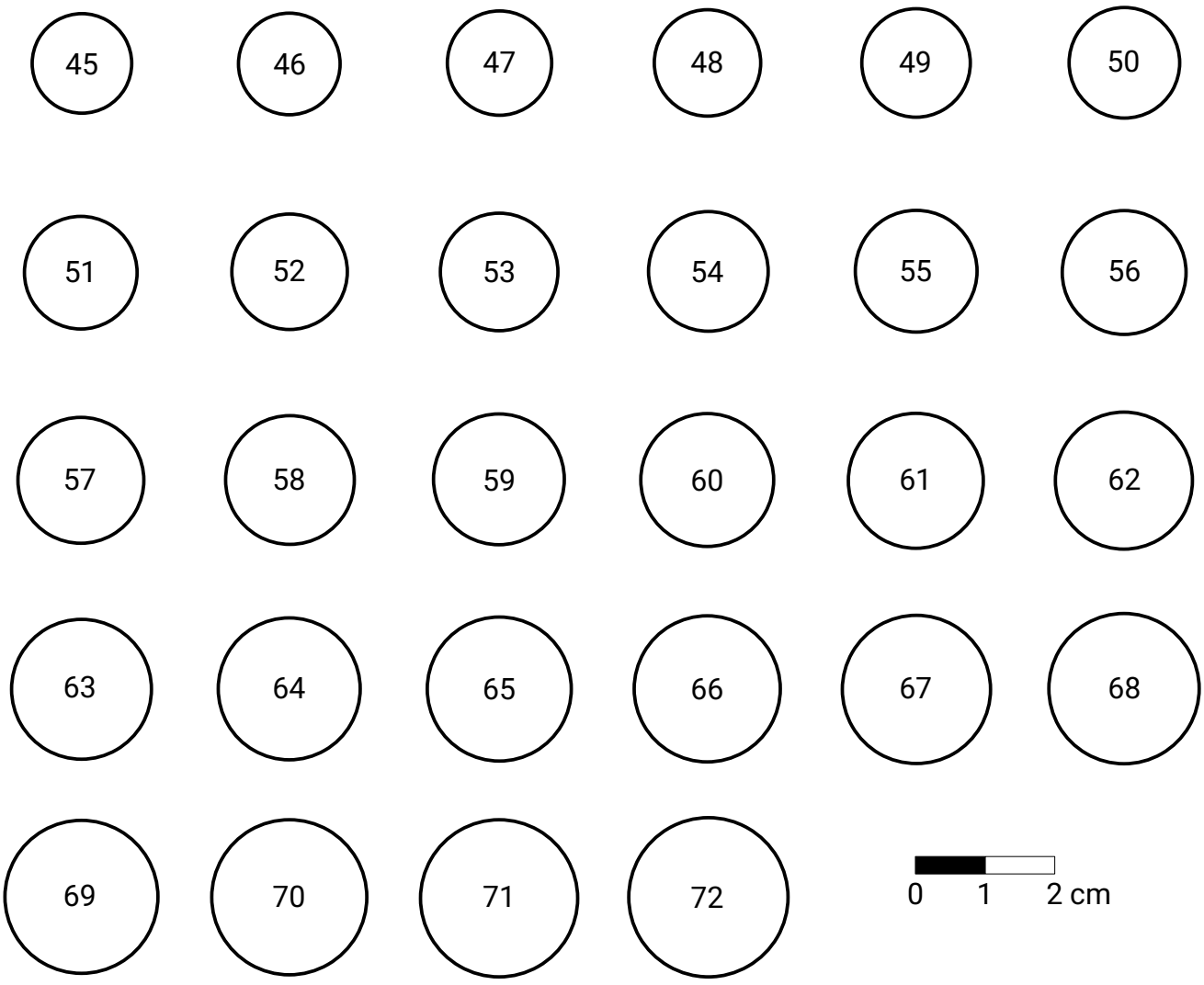
Make sure the document scale is set to 100% and print the guide on A4 paper. To check the correct proportions after printing, place your payment card on the line below. The length of the card must match the length of the line.

Place your payment card here

1 inch

30 mm

Now measure the size of your ring:
Take the ring you want to measure.
Place it on a circle as precisely as possible.
Viewed from above, the circle must exactly touch the inner edge of the ring.



If you are unsure between two sizes, we recommend choosing the larger one, or having your size checked at any jewellery store.